

2018 ACUU Tentative Workshop Schedule – Updated 4/13/18

Tuesday, June 5 (19 workshops)

1. “Diversified Partnerships in Telehealth” – Dr. Irina Gelman & Andrea Fettinger
2. “NYSCRC: Who We Are & Why You Need to be Involved”-Doris Green, Deana Prest & Sharon Cackett
3. “Making the Case for Age Friendly Communities” – Donna Beal, Greg Olsen, & Becky Preve
4. “Community Engagement: Collaboration between Area Agencies on Aging, Healthcare, and Community Members to Improve Population Health” – Rebecca Preve, Crystal Carter, & Jessica Chanese
5. “Volunteer Transportation Program for the Older Adult Community” – Susan Davidson
6. “Generations Together: A Mentoring and Training Program for Students Interacting With Older Adults” – Nancy Cummings
7. “Responding to Individuals with Dementia and Memory Related Disorders in Emergencies and Crisis Situations” – Erica Salamida
8. “Money Follows the Person in New York State: The Open Doors Program” – Andrea Juris, Stacey Agnello and Karen Smith
9. “Using Home Equity to Pay for Aging in Place Services” – Marty Bell
10. “Best Practices for Getting the Most out of Managed Long Term Care Plans” – Muriel J. Miller
11. “Livable NY: Increasing Inclusiveness in Rural Communities” – Kate Ebersole & Cathy Mackay
12. “Steps for Conducting & Outcomes of the NYC Informal Caregiver Survey” – Mebane Powell & Carolina Hoyos
13. “Whoa! What Now? Leading through Times of Change” – Kat Koppett, Koppett Consulting
14. “Listen Up!” - Kat Koppett, Koppett Consulting
15. “Unraveling the Secrets to Aging in Place: Tools and Tips to Keep Older Adults at Home Safely with Caregiver Support and Education” – Jane Ginsburg & Lynda Shrager
16. “REST in Action” – Sharon Cackett, Sharon Leary, & Shellie Spinelli
17. “Hot Topics: Adult Day Services” – Erin Purcell, Eileen Griffin, Marianne Nicolosi, Amy Davis, & Anne Hill
18. “Film Screening and Discussion: The Age of Love” – Erin Purcell
19. “NYSOFA Fiscal: Questions and Answers Open Forum*” – Kevin Haggerty & William Karabin
**(Same workshop title as workshop No. 32, however different topics will be addressed)*

Wednesday, June 6 (14 workshops)

20. “Senior Scams” – Jenna Gladfelter & Gary Brown
21. “Live from DC: A Federal Aging Policy Update” – Amy Gotwals
22. “Olmstead Housing Subsidy: Providing a Housing Subsidy to Participants Wishing to Transition from a Skilled Nursing Facility to Community Living” – Valerie Brennan & Lindsay Miller
23. “Aging by Design – Person Centered Program Planning and Evaluation for Aging in Diverse Communities” – Ryan Gadzo & Molly Ranahan
24. “Powering Elder Justice through Legal Health Check-Up Partnerships” – Melissa Woods, Liz Keith, & Mary Jo Wasch
25. “Transforming Elder Care, One Home at a Time: A Progress Report” – Linda Tetor & Patty Baroody
26. “The Pooled Trust Notification Bill, Medicaid Managed Long Term Care and the Impacts on Those Aging in the Community” – Heidi Flatt, Kelly Barrett, Esq., & Ben Baskin
27. “Collaboration is Key for Program Sustainability!” – Nikki Kmicinski & Tim Hogues
28. “NY Connects Quality Assurance and Innovation: A Highlight of Successes and Standards” – Theresa Munford, Amy Hegener, & Jess Perk
29. “Client Data System: Where Do the Numbers Come From?” – Carrie Frey & Carol Rini
30. “Elder Abuse Interventions and E-MDT Initiative” – Jennifer Rosenbaum, Paul Caccamise, & Risa Beckman
31. “Providing Culturally Competent Services and Supports to LGBT Older Adults – Aaron Tax & Sherrill Wayland
32. “What’s New in the World of Consumer Directed In-Home Services?” – Cheryl Udell, Eileen Griffin, & Deana Prest
33. “NYSOFA Fiscal: Questions and Answers Open Forum*” – Kevin Haggerty & William Karabin
**(Same workshop title as workshop No. 19, however different topics will be addressed)*

No. 1:

Title: Diversified Partnerships in Telehealth

Description: This presentation focuses on the diversified partnerships in the sphere of public health within the context of telehealth in rural areas of Upstate NY. The innovative project includes the integration of public health education and prevention in the expanded access to care model. Ideally, Fulton county residents will utilize their own smart personal devices (phones, laptops, tablets, etc.) in their homes, and throughout the community and health stations will be available when alternate means of access are not feasible due to socio-economic, connectivity and/or other reasons. The countywide initiative will increase access to care in the rural parts of our county, by increasing the number of remote access sites to all areas of Fulton County, NY. As governmental agencies, we are collaborating with an array of stakeholders including non-governmental organizations, through multi-sectoral community coalitions consisting of businesses, schools, non-profit organizations, health care organizations, community planning agencies, local housing authorities, social service agencies, civic organizations, law enforcement, corrections facilities, faith-based institutions, and other community-based organizations.

Learning objectives: This proposal embodies the business acumen, leadership, time management, and technology integration, while leveraging existing resources.

Objectives: - expand the horizons of what is possible via remote access to care

- learn to broaden the scope of identifying local available resources

- contemplate multi-sectoral community collaborations culminating in improved access to care

Presenter(s): Dr. Irina Gelman, Director of Public Health, Fulton County Public Health Department;
Andrea Fettinger, Director, Fulton County Office for Aging/ Youth

No. 2:

Title: NYSCRC (NYS Caregiving and Respite Coalition): Who we are and Why You Need to be Involved

Description: Eighty percent of all long-term care in NYS is provided by family caregivers -- and not by formal systems of care. Bringing the vital role of family caregivers to the forefront of policy and grantmaking organizations is critical. An AARP report ranked NYS 48th out of 50 states regarding support for its family caregivers. (Caregivers in Crisis: Why NYS Must Act, 2013). The need is apparent. Caregivers need support. This presentation will cover the Lifespan Respite Grantee Act and its purpose to expand and enhance respite care services. NYSCRC is charged with improving statewide dissemination and coordination of respite care and to provide, supplement, or improve access and quality of respite care services. A brief history of the Coalition and goals for respite sustainability statewide will be presented, The Coalition hosts a Virtual Resource Center, where organizations can access Educational and Training Opportunities to support Caregivers and their loved ones. We will share an overview of these offerings with specific attention to REST (Respite Education and Support Tools) and efforts to implement this volunteer respite training statewide. The Caregiver Simulation Project will be presented in detail and information on implementing it in communities.

Learning objectives: A full understanding of the National Lifespan Respite initiative for increasing respite options and creating a sustainable coordinated respite care system and how that translates into the work of the New York State Coalition, resources for training and educational opportunities available through the

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Coalition. A deeper understanding of REST and Caregiver Simulation events and information on bringing these important initiatives to local communities.

Presenter(s): Doris Green, Director, NYSCRC;
Deana Prest, Aging Services Program Analyst 3, NYSOFA;
Sharon Cackett, Education and Outreach Specialist, NYSCRC/Lifespan

No. 3:

Title: Making the Case for Age Friendly Communities

Description: A three-person panel will discuss the significant social, intellectual, and economic contributions older adults make in our communities and how to structure local events to highlight these contributions and demonstrate the value of older adults to their communities and neighborhoods.

Learning objectives: Participants will learn how to develop an economic case that demonstrates the value of the older population and how to develop an expert panel to educate the public, receive educational materials to share with community leaders and members, and learn how to engage the press in redefining what aging is.

Presenter(s): Donna Beal, Executive Director, Mercy Care for the Adirondacks;
Greg Olsen, Acting Director, NYSOFA;
Becky Preve, Director, Franklin County OFA

No. 4:

Title: Community Engagement: Collaboration between Area Agencies on Aging, Healthcare, and Community Members to Improve Population Health

Description: The presentation highlights the networking between AAA's and the Delivery System Reform Incentive Payment Program (DSRIP) initiative. Subjects include population health, evidenced based programming, social determinates of health, multidisciplinary teams for elder abuse and neglect, and how a AAA/community based organizations can work within the Prospective Payment System (PPS) systems.

Learning objectives: Community Based Organizations and AAA's will have a better understanding of how to engage with their PPS partners. Additionally, information will be given on the potential to obtain funding under the DSRIP initiative.

Presenter(s): Rebecca Preve, Director, Franklin County OFA;
Crystal Carter, Director, Clinton County OFA;
Jessica Chanese, Community Engagement Manager, Adirondack Health Institute

No. 5:

Title: Volunteer Transportation Program for the Older Adult Community

Description: The misnomer is that Volunteer Transportation is complicated and expensive. It does not have to be if done with good oversight and management. The speaker will detail how to start a volunteer transportation program in your community, both in city and rural areas, how to sustain it and how it can lead to program success with a grateful and appreciative older adult community. Participants will leave with a checklist on how to duplicate this program.

Learning objectives: Speaker will have a power point showing how Friends of Seniors began in 2004 as a supplement to other senior volunteer transportation programs, and how it evolved over the last 14 years to become the premier volunteer transportation for seniors in Dutchess County. Speaker will give a step-by-step guide to assist others in achieving the same success. In order to make the program work, the strategy is to start small with minimal expectations, be completely aware of the program's limitations, and to always be innovative and creative. The mantra is to do the best you can.

Presenter(s): Susan Davidson, Executive Director/Co-Founder, Friends of Seniors of Dutchess County Corp

No. 6:

Title: Generations Together – A Mentoring and Training Program for Students Interacting With Older Adults

Description: Generations Together provides a person with Alzheimer's disease or other cognitive impairment the opportunity to partner with students to offer social engagement, meaningful activities, companionship, and an opportunity to be a mentor. The program provides first year medical students with the unique opportunity to learn from the adult with the diagnosis as well as their caregiver about what it's like to live with a disease. The program educates students about Alzheimer's disease, related cognitive impairment and other chronic illnesses. A goal of the program also heightens awareness of the skills and strengths which remain in persons with cognitive issues. The student learns from the older adult and very often a friendship is formed as they spend time together. Part of the presentation will address the ability to replicate this model for other students and other diseases' or illnesses.

A highlight of this presentation will include a panel presentation consisting of a medical student, an older adult with a diagnosis of cognitive impairment and their care partner. All will speak about the impact that this special program has had on their lives.

Learning objectives: Participants will take away information about this program for the purposes of replication as a method to engage older adults and their care partners in a variety of settings. The value of mentoring is mutually beneficial to both the student and the older adult. Integrating culturally diverse experiences can contribute to increased appreciation for the student and their "buddy".

Presenter(s): Nancy Cummings, MBA, Executive Director of the Center for Excellence for Alzheimer's Disease-Capital Region, Director of the Anne B. and Leon J. Goldberg Alzheimer's Resource Program at the Alzheimer's Center, Albany Medical Center

No. 7:

Title: Responding to Individuals with Dementia and Memory Related Disorders in Emergencies and Crisis Situations

Description: The Alzheimer's Association offers first responder training across the state to groups including police officers, paramedics and others who are first on the scene to emergencies. Those working in the field of Alzheimer's disease and dementia understand the stress that can come with an Alzheimer's diagnosis, but others can benefit from understanding how to approach someone with dementia, especially in a potential emergency situation. This workshop will review the first responder training to help you understand more about working with those with dementia in potential crisis situations. Topics include a dementia overview, interacting and communicating with someone with dementia, community resources, safety programs, driving and dementia, wandering, abuse and neglect, and responding in a disaster.

Learning objectives: Participants will learn strategies to respond to dementia related emergencies such as driving, wandering, and abuse and neglect and will gain an understanding of community resources, tools and programs that can assist.

Presenter(s): Erica K. Salamida, Director of Education and Outreach, Alzheimer's Association of Northeastern New York

No. 8:

Title: Money Follows the Person in New York State: The Open Doors Program

Description: Money Follows the Person is a federal demonstration program that supports the goal of affording people the opportunity to live in the most integrated, community-based settings. Federal requirements such as the Olmstead decision and recent guidance from the US Department of Health and Human Services continue to emphasize the importance of ensuring that individuals living in institutional setting have the opportunity to learn about available community resources. This presentation is intended to offer providers information about how Money Follows the Person program (Open Doors) can help eligible individuals transition from institutional settings back to their communities of choice. Participants will learn how transition specialists and peers can help support not only the individual, but also providers working in institutional settings and the community.

Learning objectives:

- a. Participants will be able to describe the purpose of the Money Follows the Person demonstration project
- b. Participants will be able to identify eligibility requirements for Money Follows the Person
- c. Participants will be able to list three ways that a transition specialist or peer can help individuals return to their communities of choice
- d. Participants will be able to identify the steps to take when an individual expresses an interest to return to community living from an institution.

Presenter(s): Andrea Juris, Money Follows the Person Project Director, NYS Department of Health; Stacey Agnello, Money Follows the Person Project Program Advisor, NYSDOH;

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Karen Smith, Money Follows the Person Project Associate Health Planner, NYS Department of Health

No. 9:

Title: Using Home Equity to Pay for Aging in Place Services

Description: Caregiving, home modification, health emergencies, adult education, your children's education. How do middle class retirees find the means outside their budgets to pay for them all? If they own a home, they can access its equity. We will present strategies for paying for aging in place services using a variety of home equity options including Home Equity Line of Credits (HELOCs) and reverse mortgages. The good news is that the new tax law has very minor if any impact on the use of home equity for aging in place services and this will be touched upon briefly. Every AAA Executive Director, every caregiver, every social worker will benefit from having this knowledge.

Learning objectives: What attendees will take away is awareness of a new tool for financing daily living. We will present a power point that will also serve as a tool kit.

Presenter(s): Marty Bell, Executive Director, National Aging in Place Council; and TBD

No. 10:

Title: Best Practices for Getting the Most out of Managed Long Term Care Plans

Description: January of 2011 was the start of big changes in the way our Medicaid long term care system is run in NYS. From then through the present, the Medicaid Redesign Team initiative 90 (MRT 90) has brought nearly all Medicaid long term care under managed care plans. In this interactive workshop we will explore some of the implications of that transformation for individuals and their caregivers. This workshop will cover the different types of managed care plans covering long term care, the enrollment process, which services are covered, how to access services, care management, and appeals and grievances. We will also discuss recent changes in the MLTC appeals process.

Learning objectives: The participant will leave this training with a better understanding of how MLTC works. This workshop will offer tips and strategies for solving problems in MLTC.

Presenter(s): Muriel J Miller, Independent Consumer Advocacy Network (ICAN) Paralegal, Legal Aid Society of Northeastern NY

No. 11:

Title: Livable NY: Increasing Inclusiveness in Rural Communities

Description: This workshop will present the process that a coalition of organizations in Cattaraugus County followed to raise awareness of inclusion and accessibility, support accessibility improvements, and to

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recognize and celebrate improvements made to inclusion and accessibility in the community. We will discuss how we used surveys in our Healthy Livable Communities Consortium to gauge the success of awareness campaigns, how different organizations came together to identify bright spots in the County around inclusion and accessibility, and how we have now made this an ongoing process of awareness raising support for all organizations and entities in the county who would like to be a part of making their community more livable for all. Participants will come away with an understanding of how we leveraged different grants and initiatives to work together, how we used measurement science techniques to provide both input into target areas to work on and track improvements, and a list of easy and more extensive ways organizations can increase accessibility and inclusiveness.

Learning objectives: We will be sharing tools used through our involvement with the SCALE grant and IHI's 100 Million Healthier Lives campaign (see above).

Presenter(s): Kate Ebersole, Community Improvement Advisor, Cattaraugus County OFA;
Cathy Mackay, Director, Cattaraugus County OFA

No. 12:

Title: Steps for Conducting & Outcomes of the NYC Informal Caregiver Survey

Description: This presentation will discuss the process of implementing NYC Local Law 97, and outcomes. This is the first citywide survey of caregivers of older adults, those with dementia, kinship caregivers, and caregivers of persons with disabilities.

Learning objectives: Participants will learn the many steps of conducting a valid research project designed to provide policy direction for service development. Included is development of the research methods, criteria for caregiver participation, logistics of implementation, analysis of results, and policy recommendations.

Presenter(s): Mebane Powell, PhD, Research, NYC Dept. for the Aging;
Carolina Hoyos, LMSW, Director, Caregiver Resource Center, NYC Dept. For the Aging

No. 13:

Title: Whoa! What Now? Leading through Times of Change

Description: Whereas in the past, we may have been able to learn a job and expect our roles and environments to remain consistent, there is no such thing as stasis in today's workplace. As soon as one initiative is launched, the next is on the horizon. Landscapes are constantly shifting, colleagues cycle through at increasing rates, and constant innovation is assumed. How can anyone possible survive in tact? In this interactive, practical and comforting session, you will learn how to build the resilience necessary to help yourselves and others thrive in our fast-paced, volatile, and quickly changing environments. You will experience the benefits of philosophies and exercises that teach us how to:

- Set the foundation for others to accept and navigate change initiatives
- Create supportive and motivating environments
- Expand your personal resilience for you own well-being and those around you

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- Accept and build with what exists, rather than fighting or resisting change
- Engage optimistically with yourself and others

Presenter(s): Kat Koppett, Koppett Consulting

No. 14:

Title: Listen Up!

Description: We all know that listening is important for our success as effective communicators and leaders: Listening well increases trust, motivation and commitment, reduces conflict and generally drives positive relationships and results. But what does it really mean to listen well? How can we expand our awareness so we listen for nuance and capture not just information but needs, values, emotions? How can we exercise our listening “muscle” so that we notice more, understand more deeply and engage with more curiosity? In this interactive session, we will:

- Test our listening skills
- Distinguish "listening as a partner" from "listening as a competitor"
- Expand our tolerance for silence and exploration
- Practice multi-dimensional listening
- Explore listening as a relationship-building and problem-solving tool

Presenter(s): Kat Koppett, Koppett Consulting

No. 15:

Title: Unraveling the Secrets to Aging in Place: Tools and Tips to Keep Older Adults at Home Safely with Caregiver Support and Education

Description: Research indicates that personal happiness later in life is highly dependent on an individual's continued physical activity and involvement in activities of daily living. The first part of this presentation will begin with a discussion on ways to make their home livable and safer so if physical and/or cognitive limitations develop they will be able to continue to function at home. It will explain what is included in an environmental assessment, namely how to declutter, modify and re-organize to decrease potential for falls. Gadgets, modifications and equipment that improve accessibility and increase ease with activities of living, particularly for those with dementia, will be reviewed.

The second part of this presentation will explore the many resources, trainings and supports available to care partners, professional caregivers and those living with dementia throughout New York State through the Alzheimer's Association and related partners and contractors of the NYS Department of Health Alzheimer's Caregiver Support Initiative.

Presenter(s): Jane B. Ginsburg, Executive Director, Alzheimer's Association, NYS Coalition
Lynda G. Shrager, President, CEO, Shrager Consulting,

No. 16

Title: REST in Action

Description: In a 2015 report, Caregiving in the US (NAC) 85% of caregivers do not receive any kind of respite even though we know that a short break can improve family relationships, physical and emotional health, and overall quality of life. REST (Respite, Education and Support Tools) is an innovative training that provides the skills and tools needed to provide quality respite care. NYSCRC (NYS Caregiving and Respite Coalition) is working to create a sustainable network of individuals who are trained in providing quality, compassionate respite care. REST is an evidence-informed Train the Trainer course that provides respite education to train others who will go out be REST Companions aka respite care workers or providers. Trainers have two options: Delivering an eight-hour training to people who will provide respite care one-on-one, or a four-hour training that prepares people to provide respite in group settings. A panel of REST Trainers will discuss how they are using REST in three different settings: senior centers; faith communities; and hospice. See how this customizable program can be used to increase respite options in your community.

Learning objectives: Participants will understand how the flexible and customizable REST training model is being used to increase respite opportunities for caregivers. They will walk away an understanding of the REST model and concrete ideas and examples of how to effectively enhance or start respite programs. They will hear from REST Master Trainers and Program Directors about how the program is benefitting caregivers and care receivers in various settings in their communities.

Presenter(s): Sharon Cackett, Education and Outreach Specialist, NYSCRC/Lifespan;
Sharon Leary, Program Director, Home Away from Home Respite, SUNY Geneseo;
Shellie Spinelli, Program Director, Senior Adult Day, Yesteryears, Broome County OFA

No. 17

Title: Hot Topics: Adult Day Services

Description: This panel of experts in Adult Day Services will facilitate interactive discussions on the following hot topics: 1) Eligibility: determining the appropriate setting and level of care for older adults in senior centers, social adult day services and adult day health care programs; 2) Personal Care and Medical Services: requirements in social and medical model programs; 3) Home Care Crisis: how adult day services can help meet the assistance needs of older adults finding it difficult to get in-home services due to the workforce shortage; and 4) Nutrition Check Sheet: introducing a new tool to assist programs that must comply with the NYSOFA Nutrition Program for the Elderly regulations.

Learning objectives: Participants in this workshop will increase their understanding of community-based programs that provide social and health services through a group setting and how those services can partner with in-home care. Case examples will be used to discuss the social and health needs of older adults, levels of care, program development and regulatory requirements. Attendees will receive a tool for nutrition quality assurance.

Presenter(s): Erin Purcell, Aging Services Program Analyst 3, NYSOFA;
Eileen Griffin, Aging Services Program Analyst 3, NYSOFA;
Marianne Nicolosi, Executive Director, Bay Ridge Center;
Amy Davis, President, NYS Adult Day Services Association;
Anne Hill, Executive Director, Adult Day Health Care Council

No. 18

Title: Film Screening and Discussion: The Age of Love

Description: Following up on last year's ACUU distribution of Sexual Health and Older Adults: A Guide for Aging Service Providers, this session seeks to provide attendees with the sensibility and the sensitivity of providing older adult programming that promotes intimacy and sexual health. This film, the Age of Love, follows the humorous and poignant adventures of thirty seniors in Rochester, NY who sign up for a first-of-its-kind speed dating event exclusively for 70- to 90-year-olds. From anxious anticipation through the dates that follow, it's an unexpected tale of intrepid seniors who lay their hearts on the line, and discover how dreams and desires change—or don't change—from first love to the far reaches of life. Attendees will participate in guided discussion on ageism, stereotyping and the need for aging service providers to examine their own emotions related to older adults and sexuality.

Learning objectives: THE AGE OF LOVE becomes provocative entertainment that also addresses our society's most insidious misconception of aging—that the emotional needs of anyone over 65 are similar and self-evident, limited to health and financial concerns and largely unrelated to those of younger generations. On the contrary, as we watch these older adults navigate the comedy and drama of dating, their actions and emotions combine into something much deeper—revealing how the desire to love and be loved not only connects hearts of young and old, but, more unexpectedly, remains just as confounding, nerve-wracking and rewarding at any stage in life.

Presenter(s): Erin Purcell, Aging Services Program Analyst 3, NYSOFA
Ann Marie Cook, President and CEO, Lifespan of Greater Rochester, Inc.,
Julie Allen Aldrich, Director, Monroe County Office for the Aging

No. 19

Title: NYSOFA Fiscal: Questions & Answers Open Forum

(Same workshop title as workshop No. 32, however different topics will be addressed as group discussion warrants)

Description: These sessions are designed to provide a venue where common and everyday fiscal issues and tasks faced by the Area Agencies on Aging (AAAs) can be discussed in a moderated but informal venue. The sessions will operate in an open-session format, with no set agenda or pre-determined topics. This audience-driven approach is designed to encourage open discussion between the moderators and the audience. Potential topics of discussion could include, but are not limited to: the completion of Annual Updates or Four-Year Plans, when and how to complete required budget modifications, claiming requirements and timelines, and the life cycle of state and federal grants. Attend one of these sessions to find the answer to a fiscal question that has been on your mind, or enter the session with the intent of observing, but prepare yourself for immersion into the realm of grants management. Persons with all levels of fiscal experience are encouraged to attend.

Although the topics of these sessions are audience-driven, possible takeaways include a deeper understanding of the AAA budgeting process and tips for completing more accurate claim requests to NYSOFA. AAA personnel are familiar with how they approach their responsibilities but this session will allow them to see how their submissions are approached by NYSOFA personnel.

Presenters: Kevin Haggerty, Principal Accountant, NYSOFA
William Karabin, Grants Administrator 1, NYSOFA

No. 20:

Title: Senior Scams

Description: It's no secret that scammers often target the aging population. With so many ways to gain entry into our lives – by phone, internet, and even through our own homes – it can be difficult to know how to protect ourselves and those around us from criminals and fraudsters. In this Senior Scams workshop, we'll talk about cyber security, expose phone scams and robocalls, and discuss many ways in which scams can be financially devastating. Together, the NY Senior Medicare Patrol and NY State Office of the Attorney General want to update you on the latest scams, teach you what it means to be a smart consumer, and ultimately give you the tools to fight back against scam artists.

Learning objectives: Because the senior population is frequently targeted by scammers, the Senior Scams workshop will undoubtedly equip participants to better serve older adults in their respective professional settings. The goal is that each participant will leave armed with concrete tools that they are able to apply to their work and share with their teams. Through this workshop, participants will gain a better understanding of identity theft, gain knowledge of common consumer and healthcare scams, and feel equipped with the resources necessary to help the individuals they serve combat fraud and prevent financial exploitation.

Presenter(s): Jenna Gladfelter, NY Senior Medicare Patrol Program Director, LiveOn NY;
Gary Brown, Statewide Elder Abuse Coordinator & Assistant Attorney General-in-Charge,
NYS Office of the Attorney General

No. 21:

Title: Live from DC: A Federal Aging Policy Update

Description: Get updated on federal policy without going to DC! n4a's policy chief will bring you up to speed on the latest federal aging, budget and health care policy activity, and what it means for your work and the older adults and caregivers you serve. You will leave with a better understanding of how Washington works now, what's happened so far and what's ahead that advocates must be prepared for!

Learning objectives: The goal is to translate the latest federal policy shenanigans for a state and local audience of aging experts, so there's education happening and information being provided, but woven throughout the presentation are also strategies for how we as advocates should respond to the latest policy news and better advocate for older adults and caregivers.

Presenter(s): Amy E. Gotwals, Chief, Public Policy and External Affairs, National Association of Area Agencies on Aging

No. 22:

Title: Olmstead Housing Subsidy – Providing a Housing Subsidy to Participants Wishing to Transition from a Skilled Nursing Facility to Community Living

Description: The Olmstead Housing Subsidy (OHS) program provides a rental subsidy and transitional housing support service program for high-need Medicaid beneficiaries. Participants must meet all eligibility for the program such as: those enrolled in Medicaid, who are homeless or unstably housed, and who have spent at least one hundred and twenty (120) consecutive days in a nursing home over the most recent two-year period, who can live safely in the community and are 55 and older/18 and older with a chronic disability. OHS participants pay 30% of their income towards rent and utilities. There is funding available for Community Transition Services, which can include security deposits, household items, furniture, utility payments and moving expenses. OHS is a statewide program in partnership with Independent Living Centers and Department of Health. OHS program began on August 1st, 2016.

Learning objectives: This training will provide attendees with an understanding of how to refer a participant to the program; who is eligible for the subsidy; how we work with Open Doors MFP project to collaborate on services provided; what can a housing specialist do for participant looking to leave a nursing home. This training will provide participants with contact information for our independent living centers across the state that are staffed with housing specialists who are able to work with your eligible participants to be housed in the community, if appropriate. Attendees will learn the housing specialist's role with linking participants to community supports to ensure their needs are met in the most independent setting available. This training will provide attendees with up to date statistics on the program. Attendees will leave with a list of contacts across the state to access the program, brochures on the program, and the documentation checklist which will assist in the approval process for their clientele.

Presenter(s): Valerie Brennan, Manager for Olmstead Housing Subsidy, NY Association on Independent Living (NYAIL);
Lindsay Miller, Executive Director, NYAIL

No. 23:

Title: Aging By Design: Person Centered Program Planning and Evaluation for Aging in Diverse Communities

Description: How are underrepresented populations of older adults participating in meaningful ways in your program development and evaluation efforts? This presentation will discuss successful strategies for incorporating human centered design, a framework for developing solutions by engaging older adults in all steps of the problem-solving process. Presenters from Erie County Senior Services will share innovative ideas and resources from their experiences participating in Aging By Design (ABD), a multi-year initiative by the Health Foundation of Western & Central New York (HFWCNY) that aims to understand and improve the experiences of vulnerable older adults and caregivers in Western and Central New York. Their discussion will include specific examples of implementing design thinking to facilitate program creation for diverse communities, specifically LGBTQ older adults. By allowing the community to have their input heard throughout the process, there is a hope that the program will not only be well attended, but will also serve the needs of the community as a whole. Additionally, this co-presenters from Community Connections of New York will successful strategies for adopting design thinking as part of participatory engagement in all stages of programming, including grant writing, implementation and quality improvement, and evaluation.

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Learning objectives: Anyone engaged in program efforts for older adults would benefit from attending this session. The hope of this presentation is to have participants/attendees come away with a new way to create/re-design programming in their respective communities. Human centered design encourages a process that fosters meaningful engagement for those often overlooked by traditional practices and encourages input of those who the program is for throughout the whole process. This session will give examples and resources for the audience to use to for integrating human centered design principles at different program stages, including collaborative grant writing, community learning and assessment work, human-centered brainstorming and prototype development, inclusive outreach, public engagement, and advocacy, and stakeholder-driven evaluation. Session participants will come away with an understanding of how design thinking will increase participation in older adult programming, but also fosters a line of communication that many do not believe exists already. By implementing human centered design, older adults see their recommendations come to life and community organizations gain the trust and buy in from diverse and underserved communities.

Presenter(s): Ryan J. Gadzo, MPA, Research Analyst, Erie County Department of Senior Services;
Molly Ranahan, PhD, Evaluator, Community Connections of NY

No. 24:

Title: Powering Elder Justice through Legal Health Check-Up Partnerships

Description: This session will highlight innovative, technology-enabled outreach partnerships between legal services programs, senior services and allied professionals to combat elder abuse, financial exploitation and other issues affecting seniors in poverty. Participants will learn how web-based “check-up” tools can help programs collaborate in new ways, and see a demonstration of the Legal Risk Detector App, a program currently being used in Erie County and New York City. The Legal Risk Detector App helps non-attorneys identify issues that may have legal solutions, and make the appropriate direct referral to a legal services provider. Panelists will share what we are learning from these cutting-edge collaborations, the training and technology powering them, and opportunities for replication.

Learning objectives: Participants will see a live demonstration of the Legal Risk Detector App and learn how it can be used to better serve older adults and build better partnerships. Participants will be able to identify potential networks in their local communities with which to partner on similar projects. They will also learn about opportunities to replicate the check-up tools demonstrated and where to go to learn more.

Presenter(s): Melissa Woods, Staff Paralegal, Center for Elder Law & Justice;
Liz Keith, Program Director, ProBono.Net;
Mary Jo Wasch, Case Manager, Erie County Department of Seniors Services/NY Connects

No. 25:

Title: Transforming Elder Care, One Home at a Time: A Progress Report

Description: This workshop will present the framework of the Full Circle America program and how the program is being implemented in an effort to transform the elder care system of Steuben County. A description of how the program is funded and how the program augments the services of the Office for the Aging will be presented. The benefits and the research that is being conducted in Steuben County in conjunction with Cornell University will also be discussed.

Learning objectives: A handbook for implementing Full Circle America in your own service area

Presenter(s): Linda M. Tetor, Executive Director, Steuben Senior Services Fund, Inc.;;
Patty Baroody, Director, Steuben County OFA

No. 26

Title: The Pooled Trust Notification Bill, Medicaid Managed Long Term Care, and the Impacts on Those Aging in the Community

Description: More families are turning to Medicaid to cover the costs of home care and other long-term care services. Many are required to pay a spend-down in order to meet the Medicaid income limits. New legislation signed into law by Governor Cuomo, will soon require that notice is given to Medicaid applicants and recipients of the Pooled Trust Option. This interactive workshop will review the new bill and discuss how a pooled supplemental needs trust (SNT) can help people qualify and maintain their Medicaid eligibility while paying bills that allow them to stay in the community. The session will review the difference between Medicaid and Medicare, the qualifications for Medicaid Managed Long Term Care and how to enroll.

Presenter(s): Heidi J Flatt, CPA, COO, NYSARC Trust Services;
Kelly Barrett, Esq, Staff Attorney, Center for Elder Law and Justice;
Ben Baskin, Director of Enrollment and Marketing, Eddy SeniorCare

No. 27:

Title: Collaboration is Key for Program Sustainability!

Description: Western New York Integrated Care Collaborative (WNYICC) was developed out of the understanding that working in partnerships produces far greater outcomes for people, providers and communities than working in silos. We will give a description of the status WNYICC today: a non-profit organization with an active board representing diverse community organizations, a full-time Director and regional partners. We will share our experiences in: forming partnerships; strategic planning; developing the evidence-based programs we are currently partnered to provide; and our progress in pursuing Medicare reimbursement and other alternative funding for evidence-based programs in an effort to achieve program sustainability. We will give details how WNYICC has built out our evidence-based Diabetes Self-Management Program. We will also review our progress with our information technology platform and how this enhances our organization's ability to provide programs and work with providers and insurers.

Learning objectives:

- 1) Attendees will learn the benefit of collaborating with other CBO's and AAA's to provide evidence-based programs and services
- 2) Attendees will gain insight in forming community partnerships and strategic planning
- 3) Attendees will learn tips for building the capacity if their evidence-based programs through leadership and collaboration.

Presenter(s): Nikki Kmicinski, MS, RD, CDN, Director of Business Development, Western NY Integrated Care Collaborative;
Tim Hogues, Commissioner, Erie County Dept. of Senior Services

No. 28

Title: NY Connects Quality Assurance and Innovation: A Highlight of Successes and Standards

Description: This workshop will focus on the delivery, achievements, and areas of growth related to NY Connects Core Functions. The NYSOFA workshop facilitator will provide background information on certain NY Connects Standards, including Information and Assistance, No Wrong Door Implementation Teams, and Long Term Care Councils. A brief overview of the methodology and findings of quality assurance measures and summary report analyses completed by NYSOFA will be discussed. There will be a panel of local NY Connects Coordinators that will focus on highlights in areas of program growth and community collaboration. Time will be dedicated to answering questions, share ideas for addressing challenges and suggest strategies to accomplish goals.

Learning objectives: Participants in this workshop will be informed with technical assistance strategies that will promote quality, person-centered service delivery. Participants will hear different strategies that they can utilize in their own No Wrong Door Implementation Teams and Long Term Care Councils to increase engagement and commitment from members. Participants will also learn about the creative energy that community collaboration can ignite, and how that energy can generate solutions to community service gap dilemmas.

Presenter(s): Theresa Munford, Long Term Care Systems Specialist 2, NYSOFA;
Amy Hegener, Long Term Care Systems Specialist 2, NYSOFA;
Jess Perk, Long Term Care Systems Specialist, NYSOFA

No. 29

Title: Client Data System: Where Do the Numbers Come From?

Description: If you use reports in the Statewide System, this session is for you. This session will have NYSOFA and PeerPlace together to help you better understand the reports (such as NY CAARS and the NY Aggregate Data Report) that are built in to the Statewide Client Data System. This session will identify where in the system the elements are that are used to make up a report.

Learning objectives: Users should come away with a better grasp of the reports and what the data represents. This will allow them to be able to use those reports more effectively.

Presenter(s): Carrie Frey, Director of Account Services, PeerPlace Networks LLC;
Carol Rini, Aging Services Coordinator 2, NYSOFA

No. 30

Title: Elder Abuse Interventions and E-MDT Initiative

Description: Learn about the Elder Abuse Interventions and Enhanced Multi-Disciplinary Team (E-MDT) model, being implemented through a partnership between the NYS Office for Victims Services (OVS) and New York State Office for the Aging (NYSOFA). Lifespan of Greater Rochester will be leading the effort to provide sustainability, expansion, and enhancement of the E-MDT Initiative, building on current success in New York, with the goal of expanding access to E-MDTs in every county by 2020. E-MDTs are established to address financial exploitation and elder abuse of older adults by bringing together entities with unique resources and skills to form coordinated E-MDTs, providing improved and effective cross-systems collaboration and specialized responses, resulting in restored safety and security to older adults in New York.

Learning objectives: Participants will have information and understanding of the Elder Abuse Interventions and E-MDTs implementation model. Through the session, participants will learn about the model to bring professionals together to address complex cases of elder financial exploitation and elder abuse, the status of the initiative and plans for the upcoming year, and the objectives for the rollout of the Initiative over the upcoming three years.

Presenter(s): Jennifer Rosenbaum, Assistant Director, Division of Policy, Planning, Program, and Outcomes, NYSOFA;
Paul Caccamise, Vice President for Program, Lifespan of Greater Rochester Inc;
Risa Breckman, Director, NYC Elder Abuse Center, Weill Cornell Medical College, Division of Geriatrics and Palliative Medicine

No. 31

Title: Providing Culturally Competent Services and Supports to LGBT Older Adults

Description: From higher rates of social isolation and higher rates of poverty, to a lack of access to culturally competent services and supports, LGBT older adults face unique challenges to successful aging. As of 2017, one in two people who are HIV positive are over the age of 50. Why might older adults with HIV not be getting the services and supports they need? Why might LGBT older adults be going back into the closet? What more we can do to enable LGBT older adults to stay at home and age in place in their communities? Is treating “everyone the same” sufficient? Why might that not suffice? What tools and resources exist for the aging network to better evaluate and meet the needs of LGBT older adults, and older adults with HIV, in communities across New York State?

Learning objectives:

- How do you know if there are LGBT older adults in the community you serve?
- How can you reach out to and evaluate the needs of this community?
- Are there examples of ways to include LGBT older adults themselves as you plan your provision of services and supports?
- How can you engage in LGBT-inclusive data collection?
- What specific kinds of services and supports can you provide that signal your acceptance of LGBT older adults and older adults with HIV?
- Has anyone crossed this bridge before? What resources exist to help you in these efforts?

Presenter(s): Aaron Tax, Director of Advocacy, SAGE;
Sherrill Wayland, Manager of National Projects, SAGE

No. 32

Title: What's New in the World of Consumer Directed In-Home Services?

Description: This presentation will explore the roles and responsibilities of Case Managers and Fiscal Intermediaries within the Consumer Directed program under the Expanded In-Home Services for the Elderly Program (EISEP) and Title III. This panel presentation will feature NYSOFA staff who will briefly provide program updates and include representatives of AAAs who will discuss best practices. NYSOFA staff will briefly review changes within the administration of the Medicaid CDPAS in regard to authorization of Fiscal Intermediaries, and findings from NYSOFA's recent survey.

Learning objectives: Participants will take away a better understanding of the EISEP Consumer Directed Program and best practices in developing a collaborative relationship to effectively and efficiently support the consumer directed model, the consumers, and their in-home services workers. The panel will discuss specific issues that commonly arise when administering a consumer directed model, and suggest approaches to effectively address challenging situations.

Presenter(s): Cheryl Udell, Long Term Care Systems Specialist 2, NYSOFA;
Eileen Griffin, Aging Services Program Analyst 3, NYSOFA;
Deana Prest, Aging Services Program Analyst 3, NYSOFA

No. 33

Title: NYSOFA Fiscal: Questions & Answers Open Forum

(Same workshop title as workshop No. 18, however different topics will be addressed as group discussion warrants)

Description: These sessions are designed to provide a venue where common and everyday fiscal issues and tasks faced by the Area Agencies on Aging (AAAs) can be discussed in a moderated but informal venue. The sessions will operate in an open-session format, with no set agenda or pre-determined topics. This audience-driven approach is designed to encourage open discussion between the moderators and the audience. Potential topics of discussion could include, but are not limited to: the completion of Annual Updates or Four-Year Plans, when and how to complete required budget modifications, claiming requirements and timelines, and the life cycle of state and federal grants. Attend one of these sessions to find the answer to a fiscal question that has been on your mind, or enter the session with the intent of observing, but prepare yourself for immersion into the realm of grants management. Persons with all levels of fiscal experience are encouraged to attend.

Although the topics of these sessions are audience-driven, possible takeaways include a deeper understanding of the AAA budgeting process and tips for completing more accurate claim requests to NYSOFA. AAA personnel are familiar with how they approach their responsibilities but this session will allow them to see how their submissions are approached by NYSOFA personnel.

Presenters: Kevin Haggerty, Principal Accountant, NYSOFA
William Karabin, Grants Administrator 1, NYSOFA