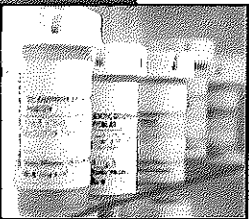


**Doctor
Approved!**

A New Approach in Aging at Home

We are taking at-home elder care to a new level with the Full Circle America Virtual Assisted Living Program. Get peace of mind with the FCA technology packages and our dedicated care team. You'll have one on one personal support, an around the clock call center, increased control over your own health, and access to primary care and specialty services from the convenience of your own home. Use technology and innovation to your advantage to stay in your home, where you want to be, with better health care and quality of life at a fraction of the cost of assisted living.



Virtual Assisted Living Program: \$250/month

- Around the clock Video "Checks" via FCA Platform
- Family Access on Platform (if desired)
- 24/7 Call Center
- Vital signs collected and reviewed
- Weekly Care Advocate calls
- Medication Review & Reminders
- Access to our medical team
- Family support
- Monthly Summary
- Video calling; coaching & connections



No Contracts. Pay Month to Month.

We are collaborating with Full Circle America, a Maine company focused on helping the people in our community "age in place." Blended with in home support this comprehensive Virtual Assisted Living Program creates a program where elders can live at home and stay independent while getting the support they need. Dr. Allan Teel, who specializes in geriatrics, has passionately helped elders age with grace and dignity for over 30 years.

Stay Happy and Healthy at Home with FCA.



Steuben Senior Services Fund, Inc

3 East Pulteney Square

Bath, NY 14810

info@steubenseniorservicesfund.org

Call Today!

607-664-2298



BLUEPRINT FOR IMPLEMENTING FULL CIRCLE AMERICA IN YOUR COUNTY

1. Identify a not-for-profit with sufficient resources in staff and funds that will sponsor Full Circle America. (FCA)
2. Develop interest within their board of directors and staff to undertake the project by reading Dr. Allan Teel's book, "Alone and Invisible No More".
3. Invite Dr. Teel to present to a well-marketed conference featuring FCA as a solution to the eldercare dilemma. Allow a full year for this process which includes developing sponsors and funds to cover the cost of the event. Charge a small fee to all attendees, including older persons.
4. From the conference attendees, organize Circles of Commitment including telling others about us, newsletter signup, donations and development of a sign-up sheet for membership on a planning and implementation committee.
5. Assess risk of project with county administrator and legal department of county.
6. Organize the planning and implementation committee around marketing, volunteer recruitment, fund raising and research, and technology.
7. Meet monthly for about a year and then switch to less frequently as the program is established.

SUCCESSFUL AGING IN PLACE: Full Circle America/Steuben

Aging Concerns Unite Us
June 5, 2018





- A 501 C-3 public, not-for-profit older citizen charitable fund established by the SCOFA Advisory Council in 2000 working with County Law Department and Legislature.
- Separate Board of Directors
- Designed to work in partnership with SCOFA to build a resource for aging in place to supplement traditional federal, state and county SCOFA funding
- Fund raising through grants, private donations, corporation funds and investments not traditionally sought out by SCOFA.
- Innovative, cutting edge solutions to meet older citizens' needs.

SUCCESSFUL AGING IN PLACE



• What is successful aging in place?

Living in one's own home for as long as confidently possible.

SSSF—BUILDING A RESOURCE FOR SUCCESSFUL AGING IN PLACE

Why Build a Resource for AIP?

- Growth of older population
- Nearly 90% have a powerful preference for aging in place
- Government resources targeted to institutional care
- High cost of nursing home/adult home placement
- Impact of Alzheimer's Disease
- Workforce Issues

What is the goal?

- A fund that works in partnership with the Office for the Aging to increase the availability of services for older citizens
- To provide options to older community members that will enhance their aging experience and save LTC resources

SSSF: RURAL AGING IN PLACE PROJECTS

*Pulteney—2009

*Urbana—2012

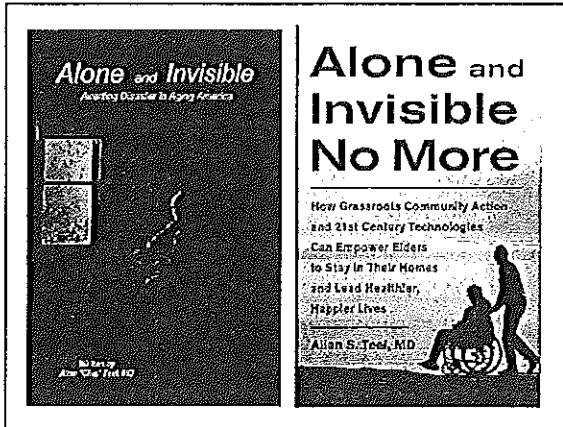


SSSF: RURAL AGING IN PLACE PROJECTS

Cameron/Jasper/Troupsburg/Woodhull-
-2014

Wayne--2015

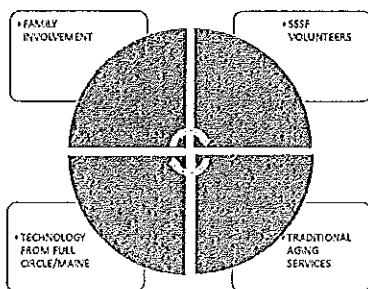




What is Full Circle America?

- It is an affordable and flexible **subscription service** that provides support to aging adults who want to continue living in their own home.
- The product package combines access to a secure on-line platform technology that helps connect family, social supports, medical providers and community services.

FCA CIRCLE OF CARE



Comparing Costs of Care Across Steuben County in 2018

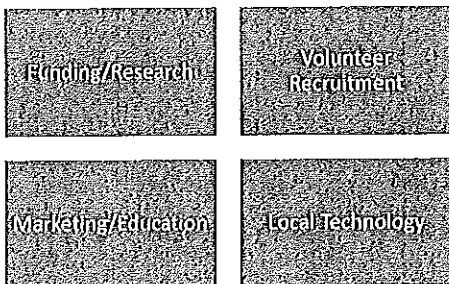
Level of Care	Range of Monthly Costs	Number of Residents	Total Monthly Cost
Skilled Nursing	\$4,250 to \$28,000	993	\$428,000
Assisted Living	\$1,200 to \$600	17,000	\$12,267,000
Costs include:	Range from assisted living to supervision	Room & Board with non-medical assistance	24/7 Access to skilled nursing medical care

"No Place Like Home"

- * Conference held on featuring Dr. Allan Teal of Maine
- Capacity crowd
- Demonstrated how FCA enables successful aging in place
- Planning and Implementation Committee organized to bring Full Circle America to our county.



FCA Planning & Implementation Committees



The Role of OFA:

- a. The SSSF contract
- b. Wrap around services
- c. NYCONNECTS
- d. Other supports



FIVE ELEMENTS OF FCA: #1 MEMBER EMPOWERMENT

- Safety, security, retaining control, and getting the basics done.
- Includes referrals for shopping, meals, house-keeping, minor repairs, home safety, and regular communication with SSSF.
- Utilizes tools such as Alexa and the Amazon Echo Dot



BLISS HUB

OPTIONAL WEB CAMERA FOR VIDEO CALLING


WIRELESS KEYBOARD

REMOTE

TRANSFORM THE TRADITIONAL LONELY TV EXPERIENCE INTO AN INTERACTIVE COMMUNITY ENGAGEMENT TOOL

FIVE ELEMENTS OF FULL CIRCLE: #2 CONNECTIONS

- Increases connections with family, friends, and community. Can include neighbors, church family, volunteers, and paid help.
- Video chatting brings your loved ones right into your living room via your big screen TV or laptop.

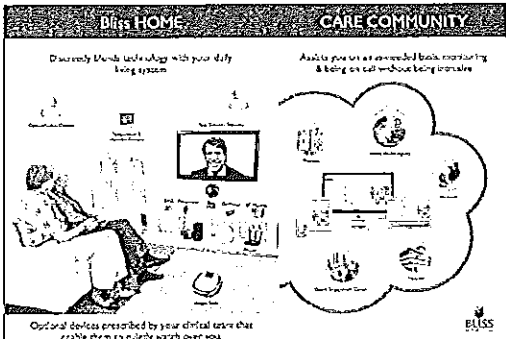


FCA Program Integration with the Living Room Hub

Bliss HOME **CARE COMMUNITY**

Discreetly blends technology with your daily living system

Asks to you on an as-needed basis, monitoring & being on call without being intrusive




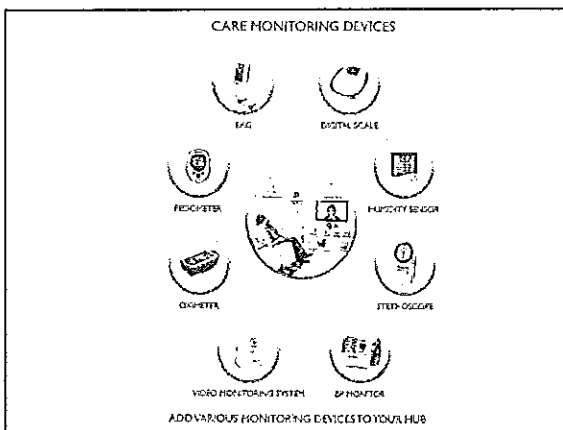
Optional devices prescribed by your digital nurse that enable them to quietly watch over you

BLISS

FIVE ELEMENTS OF FULL CIRCLE: #3 MANAGING HEALTH

- Helps manage medications, lab tests, appointments.
- A wellness ambassador with special tools such as a scale, BP cuff, pulse oximeter, and one-lead EKG.
- Information shared with local doctor and Dr. Teel for regular review.





FIVE ELEMENTS OF FULL CIRCLE: #4 VIRTUAL MEDICAL CONNECTIONS

- Video house calls available with an FCA doctor or nurse.
- Provides reassurance from a geriatrician who can let you know when you need to see your own doctor. Provided to you without leaving your home.

FIVE ELEMENTS OF FULL CIRCLE: #5 VIDEO MONITORING

- When the unexpected happens, video monitoring can literally save a member's life.
- Spot checking can alert us when something doesn't seem right, before it becomes a big deal.
- Spot checks are completed three times a day: late morning, early evening and at 4 am.

VIDEO MONITORING



Challenges Faced

- Doubting Thomases and Nay Sayers
- Broadband Glitches
- Inventing the Wheel—Building from the ground up
- “If I ever need you, I will call you!”

BRIGHT SPOTS

Pioneer Club



Wellness Ambassadors

- Retired RN's who visit, call and video monitor FCA members.
- Utilize care kits to monitor vitals. Chronic care monitoring.
- Record findings on FCA platform for review and calls to PCP.

BRIGHT SPOTS

Cornell Research



DSRIP Grant



NEXT STEPS ON THE HORIZON

- Beginning research project with surveys of participants and caregivers.
- Set up two focus groups, one of later life adults and one of caregivers of later life adults.
- Continue applying for grants to underwrite monthly subscription fees for lower income older adults.
- Meet with Corning Inc. physicians to plan deployment to Corning Inc. employees.
- Meet with Guthrie/Corning Hospital officials and physicians to generate referrals.
- Continue piloting various service designs with Dr. Teel.

Full Circle America Doesn't Take Your Independence, It Supports It.



SSSF

Steuben Senior Services Fund, Inc.
Building a Pathway for Aging in Place

LINDA M. TETOR
Executive Director

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info@steubenseni.services.org • www.steubenseni.servicesfund.org

The End
