



## FACT SHEET



### CSE Services:

- Case management
- Personal care
- Home delivered meals
- Information and assistance
- Referral
- Social model adult day care services
- Transportation
- Respite
- Telephone reassurance
- Friendly visiting
- Health promotion and wellness activities
- Senior centers and other congregate programs
- Personal emergency response systems
- Minor residential repairs

**June 2015**

Data is based on SFY 2013-14

## Community Services for the Elderly

Community Services for the Elderly (CSE) is a flexible funding stream that enables local Area Agencies on Aging to address areas of greatest need within their communities. Services include home delivered meals, social model adult day services, in-home personal care services and transportation. The Community Services for the Elderly Act was enacted in 1979 in part to reduce the reliance on institutions as a way to care for older adults.

### History of the CSE Program

The Community Services for the Elderly (CSE) Program is guided by the tenants of NYS Elder Law and was designed to:

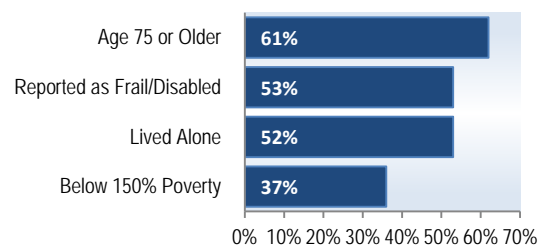
- 1) Improve the ability of communities to assist elderly people who need help in order to remain in their homes and participate in family and community life.
- 2) Improve cooperation and coordination among providers of community services that can help frail elderly people at-risk of premature institutionalization in nursing homes.
- 3) Eliminate the confusion and frustration often experienced by older adults, their friends, relatives, and individuals acting on their behalf when seeking services designed to meet the essential, and often chronic-care, needs of the elderly.
- 4) Reduce reliance on institutions, such as nursing homes, as a way to care for the older adult, prevent restrictions on the freedom of needy older persons and reduce the unnecessary public expense of caring for the needs of frail, at-risk older New Yorkers.

### Demographics of Persons Receiving Services

During SFY 2013-14, 59,579 older New Yorkers benefited from Community Services for the Elderly (CSE) funded services, according to the New York State Office for Aging CAARS 32A report. Of the 59,579, 37% were low income, 53% frail and disabled, 61% were 75+ and 52% live alone (see chart below). Many of those receiving CSE services fall into more than one of these categories. These characteristics represent a high risk for reduced independence, isolation and the likelihood of needing community supports.

CSE received an additional \$5 million in the NYS budget SFY 2013-14, which was included in the Governor's Executive Budget for SFY 2014-15. An additional \$2.5 million was added by the Legislature in the enacted NY budget SFY 2014-15.

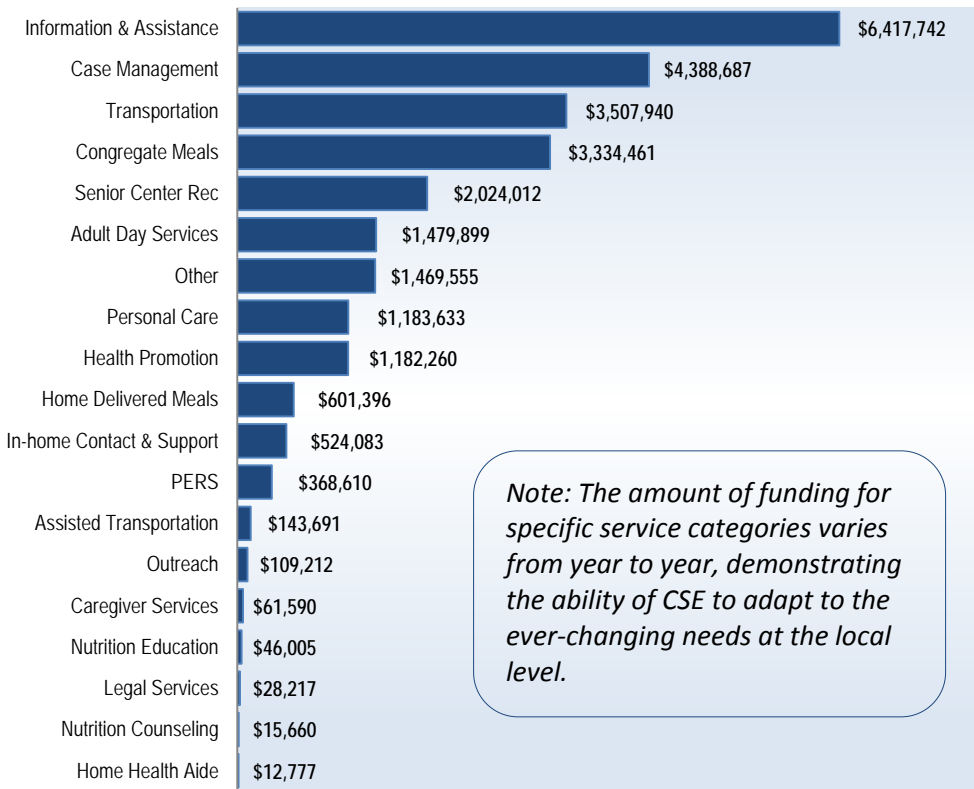
### Demographics of Those Served in State Fiscal Year 2013-14



## FUNDING

The flexible nature of CSE makes it the most effective vehicle to support programs for the growing senior population. Funds are spread across a variety of programs supported by State and Federal Funding.

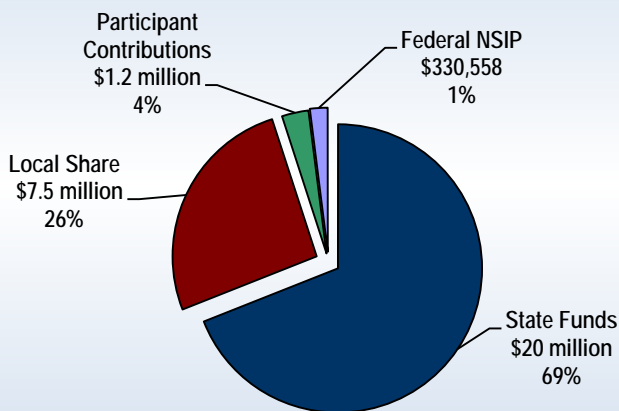
### CSE Expenditures for SFY 2013-14



*Note: The amount of funding for specific service categories varies from year to year, demonstrating the ability of CSE to adapt to the ever-changing needs at the local level.*

Area Agencies on Aging (AAA) are required to match their State appropriation for CSE by a minimum of 25% for service expenditures. Local funding is 30% of the entire pie, comprised of 26% local match and 4% from voluntary contributions by participants.

### CSE Funding for SFY 2013 - 2014



## Impact on the Lives of Seniors

Tammy Wright\* is an 83-year-old woman with a history of cancer, high blood pressure, heart disease and is legally blind. She was having increasing difficulty maintaining her home and began receiving CSE-funded homemaker services 7 years ago. The homemaker visits once a week for 3 hours and cleans the house, helps with light meal preparation, reads and organizes mail and prepares correspondence. In conjunction with the homemaker, Mrs. Wright receives case management services to be sure all of her needs are addressed. The case manager has connected Mrs. Wright with services through a visual rehabilitation organization and aids annually with Medicare Part D plan selection. Mrs. Wright also receives a CSE funded Personal Emergency response System in case of an emergency. With the assistance of CSE Funded Services, Mrs. Wright lives independently in the community at a cost slightly less than \$300 a month.

Tom Snyder\*, 79, has been receiving services funded through CSE since 2003. Mr. Snyder, who struggles to read, is unable to handle life's necessary paperwork previously handled by his now deceased 34-year companion. Arrangements were made for Mr. Snyder to visit the Area Agency on Aging (AAA) office once or twice a month for assistance reading his mail and handling his paperwork. Staff has helped him become recertified for food stamps, schedule doctor's appointments and receive Legal Aide services, make referrals for housing repairs, reapply for the STAR program, helping him to access emergency Home Energy Assistance Program (HEAP) benefits and other assistance as needed. A few hours of CSE assistance each month has provided a lifeline for Mr. Snyder that allows him to maintain his independence.

\*Names have been changed to protect privacy.

\*Source: CAARS 32A 4/1/2013 – 3/31/2014